

505092 10/03/11 Yellow Magenta Cyan ProK PMS 248 PMS 7447 LineK

REPEAT 14"

DISTORTION

1/2" Slit

WEB 17.5"
Face of Bag 7.25"

1/2" Slit

1.25"



Townsend Farms, a six-generation family-owned operation, is located in Oregon's beautiful Columbia Gorge. The fertile, sandy loam soil and temperate Oregon climate yields an abundant harvest of luscious berries - Black Raspberries, Raspberries, Strawberries, Boysenberries, Marion berries and Blueberries.

Here we manage our fields to grow plump, tasty berries; then pick and freeze them at the peak of flavor, then we package and truck our berries to your favorite store so you can enjoy fresh-tasting berries any time. We also work with berry farmers around the world to source and pack exceptional berries for your table.

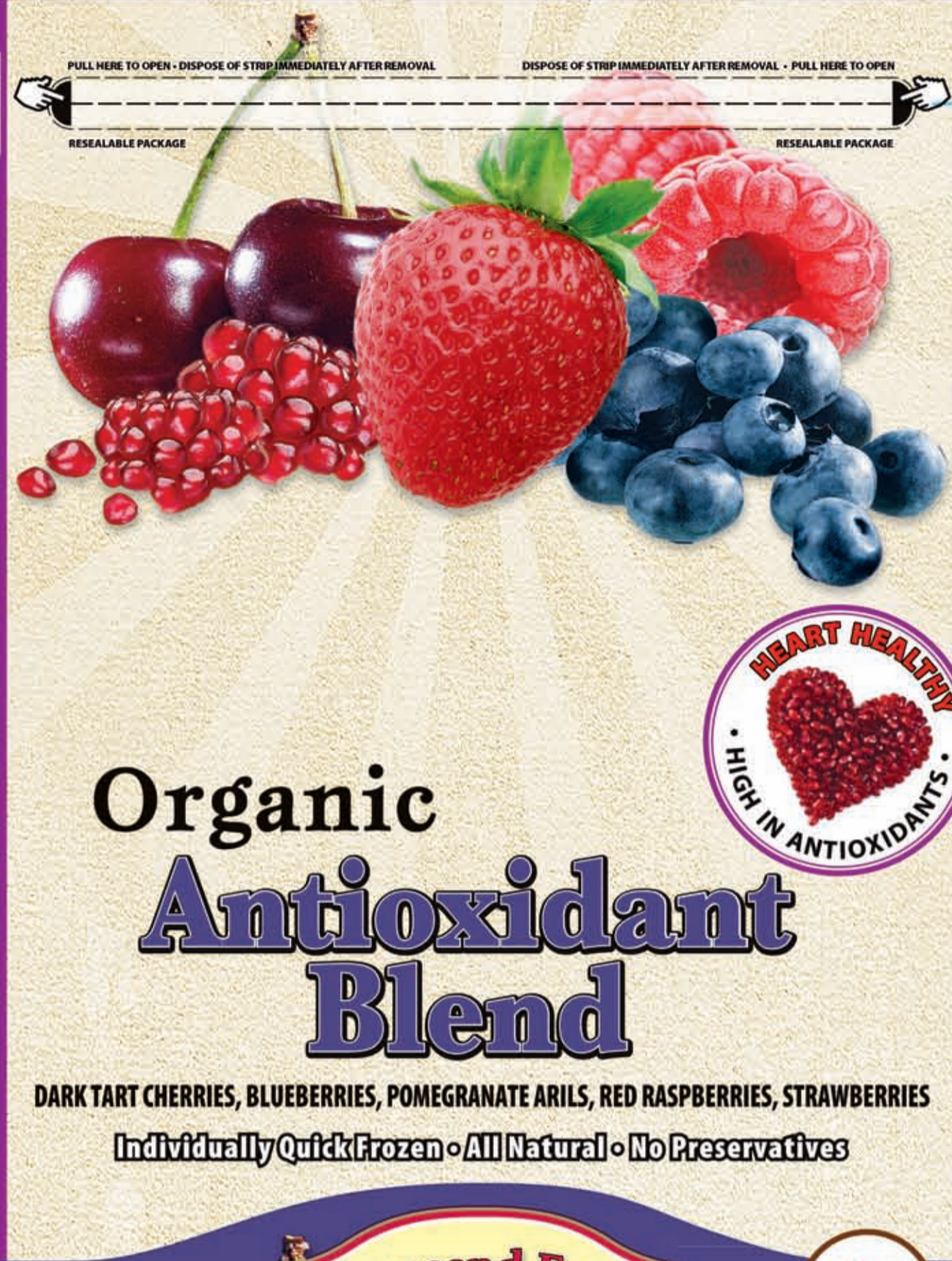
Townsend Farms is committed to being a sustainable company by keeping our earth green, for the next generations. Berries are our business. Enjoy!

100% Guaranteed
If you are not completely satisfied with our berries, please contact us at:
www.townsendfarms.com
or 1.503.666.1780

Storage: Keep frozen until ready to use. If only part of contents is used, reseal package and promptly return to freezer.

Do not refreeze after contents have been thawed.

To thaw: Keep reclosable end up when at room temperature for approximately 30 minutes, or thaw in microwave on defrost setting (30% power) for 1 minute. For best flavor and texture, serve berries while still slightly frozen.



Organic Antioxidant Blend smoothie recipe

With only a few ingredients, this nutritious Organic Antioxidant Blend smoothie is fast and easy to make. It is loaded with antioxidants from the mixed fruit and calcium from the yogurt, and is bursting with flavor. Whip one up for a quick breakfast, or serve as a refreshing compliment to a summertime meal.

Prep Time: 5 minutes

Ingredients: 2 cups frozen Townsend Farms Organic Antioxidant Blend, 1 banana, 8-oz. container mixed berry yogurt, 1 cup milk, 2 Tbs. sugar, ice cubes.

Preparation: Combine ingredients in a blender; fill to the top with ice cubes. Blend until smooth.

Serves 4

Ingredients: Organic Dark Tart Cherries, Organic Blueberries, Organic Pomegranate Arils, Organic Red Raspberries and Organic Strawberries. *May contain pits.*

Nutrition Facts	
Serving Size 1 cup (100g)	
Servings Per Container: About 10	
Amount Per Serving	% Daily Value*
Calories 70	Calories from Fat 0
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 16g	5%
Dietary Fiber 4g	16%
Sugars 15g	
Protein 1g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 2%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Distributed By:
Townsend Farms, Inc.
Fairview, Oregon 97024

Certified Organic by Oregon Tilth.



ITEM# 595820



MGM GRAPHICS, INC.
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PLEASE CHECK THIS PROOF IMMEDIATELY FOR APPROVAL OR CORRECTIONS AS THE ORDER WILL BE HELD PENDING RETURN OF THIS PROOF.
THIS PROOF INDICATES COLOR BREAK ONLY AND MAY NOT ACCURATELY REFLECT ACTUAL PRODUCTION COLORS.
MGM GRAPHICS ASSUMES NO RESPONSIBILITY FOR ERRORS MADE ON PROOFS THAT ARE NOT CORRECTED BY CUSTOMER.

JOB: TF - Organic Antioxidant Blend - 3lb
PRINTER: Consolidated
DOCKET: 505092
DATE: 10/03/11 REV: 01 OP: rw

1 Pro Yellow 2 Pro Magenta 3 Pro Cyan 4 Pro Black 5 PMS 248 6 PMS 7447 7 Line Black 8 Matte Varnish

PRINT: Surface PLATE BRAND: DuPont
GAUGE: .067 CYLINDER: 14.25" DISTORTION: 97.27%
ACROSS: 2 AROUND: 1 DIRECTION: top/bottom
CMYK LPI: 150 HD SPOT LPI: n/a EYEMARK: Yes - On Print
SIZE: 17.5" x 14.0"

APPROVED PROCEED WITH PRODUCTION.
 APPROVED W/ CHANGES, NO PROOF REQUIRED.
 REVISE, ADDITIONAL PROOF REQUIRED.

X APPROVED FOR PRODUCTION BY: DATE:



UPC CODE shown here at 100% size